

PERSONAL READINESS CHECK

Rate your current personal level of performance readiness (0 – 100%).

VOCAL

Notes: 100% accurate, in tune, instant accuracy, unit with section, could sing confidently in a quartet

Words: 100% accurate, able to sing with no assistance

Vowels: Open, resonant, immediately to target vowel, matching others in placement/resonance

Diphthongs: Energized, aware of all diphthongs, emphasis, turned together as a unit

Consonants: Singable consonants energized, hard consonants sung softly

Tempo: Maintained throughout song, can sing in tempo without direction

Breath: Good breath support, phrase endings lifting, quick breaths between phrases

Rate yourself 0-100%

Song	Notes	Words	Vowels	Diphthongs	Consonants	Tempo	Breath

VISUAL

Facial Expression: Appropriate to lyrics, changing often, animated, bigger than life, fearless

Body Language: Body moving appropriate to song, tempo, emotions

Choreography: Memorized, free, in sync with everyone, anticipatory

Hands: Natural and meaningful movements and gestures

Rhythm: Constant rhythmic movement (even if slight)

Rate yourself 0-100%

Song	Face	Body	Choreo	Hands	Rhythm

Other Ideas for Self-Improvement:

Do you sign up for a PVI at regional events? _____

Have you had a PVI or voice lesson? _____ When? _____

If so, are you working on what you learned? _____

Do you plan to have one again? _____

Do you need a recommendation for a voice teacher? _____

Comments: _____

Have you taped yourself at chorus? _____

If so, have you improved what you heard? _____

Have you rehearsed the songs in front of a mirror? _____

What good things did you notice? _____

What needs improvement: _____

How often do you rehearse your music at home? _____

Can you add one more time? _____

What else can you do to help the chorus's overall performance? Name 5:

1. _____
2. _____
3. _____
4. _____
5. _____

When will you do the things you listed? _____

Be accountable. Make a copy of this list for someone you know will be honest (and loving) and ask her to follow up with you in 3 weeks.

Continue this process until you are perfect!